



Kick Off!

Worship: Select a song that has blessed you and worship together. It's easy if you pick the name of the song and type "lyric video" after it so you can participate. Here are a couple you might like...

- ▶ "Good Good Father" <https://www.youtube.com/watch?v=iBmwwwiHrOk>
- ▶ "Spirit of the Living God" <https://www.youtube.com/watch?v=ZPZrxZgQjrg>
- ▶ "This is Our God" <https://www.youtube.com/watch?v=W2D0g4Kizto>

Lead into prayers of praise, adoration, and thanksgiving.

Share... this week what you have learnt about Jesus from beginning your reading of a gospel. Pray for those you blessed and ate with this week. Encourage each other.

Watch... video #4 "Listen to the Holy Spirit" online at <http://www.thrivechurch.com.au/sent.php> or here... <https://vimeo.com/192542489>

Share some thoughts

- Most of us want God to write His thoughts with a finger on a wall, or in the clouds - that is... make it undeniably clear!! But what was God's voice like to Elijah? Read 1 Kings 19:11-13. What do you think is needed to hear God clearly?
- Read John 5:19 & John 12:49. How do you think Jesus was this intimate with His Father? What did Jesus do in order to obtain this intimacy?
- Do you find solitude, silence and prayer to be enriching or intimidating? Both? What would help you protect that time as a regular habit?
- When it comes to meditation, eastern religions talk about "emptying your mind". Christian mediation is about filling your mind and meditating on truth - especially Christ. What do you make of Phil Fox Rose's (Christian) quote: "*When engaging in centering prayer, the key is to "resist no thought; retain no thought, react to no thought"*"
- "*The difficulty for many people seeking to live missional lives is negotiating the spectrum between being withdrawn and judgemental on the one hand, and entering fully into the social setting that might be considered ungodly on the other*". Michael Frost. How might the Spirit help us know the balance in this?

Pray... for those whom God has called you to reach for Him.

Remember... *I will spend at least one period of the week listening for the Spirit's voice.*

Select one period of time (at least) this week to sit in silence with the Holy Spirit. Put it in your diary and commit this time as being "unmovable". This doesn't have to be long. Begin with 5 mins and grow from there. Write down what you hear from the Spirit to share with your group next week.